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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **1 Two Compartment**  American Chop Suey  3oz beef  ½ cup pasta  4oz Tomato sauce  ½ cup Zucchini  1pc WW Garlic Roll  ½ cup mandarins | **2** 4oz Potato Crunch Fish  ½ cup Rice Pilaf  ½ cup Fruit Crisp (Berry)  1pc MG Bread  ½ cup Coleslaw  1pc Lemon Packet | **3 Two Compartment**  Turkey pot pie  3oz Diced Turkey  ½ puff Pastry  ½ cup peas and carrots  3oz sauce  ½ cup Mashed potato  1pc Vienna Bread  1pc Fresh Fruit | **4**  **Holiday**  **No Meals Served** | **5** 3oz Grilled Chicken  2oz BBQ Sauce  ½ cup Corn & Peppers  (**Congregate:** corn on the cob)  ½ cup Warm Potato Salad  ½ cup Red gelatin Parfait with non-dairy topping & blueberries  1pc Burger Bun  **No Margarine** |
| **8** Smothered Pork  3 oz Pork Roast  2oz Mushroom/cream/onions  ½ cup Mashed Sweet Potatoes  ½ cup Cauliflower  1pc WW Dinner Roll  ½ cup Applesauce | **9 Two Compartment**  **Pasta & Meatballs**  3 oz Chicken Meatballs  2 oz Marinara  ½ cup Pasta  ½ cup Capri Blend  1 pc Vienna bread  ½ cup Pineapple  1pc Parmesan | **10** 3 oz Yankee Pot Roast  2 oz Au Jus  ½ cup Broccoli  ½ cup Scalloped Potatoes  1pc WW Bread  1pc Fresh Fruit | **11** **Special: Cold:** Sandwiches  1.5oz Chicken Salad  1.5oz Egg Salad  4oz Orzo Salad  4oz Coleslaw  4oz Strawberry Shortcake  2pc finger Rolls  **No Margarine** | **12 Two Compartment**  8oz Vegetarian Chili  4oz Brown Rice  1pc Cornbread  ½ cup Pudding |
| **15 Two Compartment**  1 pc Lasagna  4 oz Meat Marinara  ½ cup Zucchini & Summer Squash  1pc WW Bread  ½ cup Mandarins  1 pkt Parmesan cheese | **16** 1pc PorkSausage  2oz Peppers and Onions  ½ cup Tater Tots  1/2 cup Roasted Butternut  1pc Hot Dog Bun  ½ cup Applesauce  **No Margarine** | **17** 1pc Breaded Chicken  2oz Marry Me Sauce  ½ cup Couscous  ½ cup Green beans  1pc Dinner Roll  1pc Fresh Fruit (Orange) | **18** 3oz Salmon  2oz Garlic & Lemon Butter  ½ cup Mashed Potatoes  ½ cup Creamed Spinach  1pc MG Bread  ½ cup Yogurt  1pc Juice (no milk) | **19** **Two Compartment**  Cold:1 cup Tortellini Salad w/peas  ½ cup Garden Salad  1pc Cookie Brownie  1pc Oat Bread  1pc Dressing |
| **22** **Two Compartment**  3oz Grilled Chicken  4oz Hawaiian Sauce with peppers & Pineapple  ½ cup White Rice  ½ Asian Blend Veggies  ½ cup Canned Fruit  1pc Dinner Roll | **23 Two Compartment**  1 cup macaroni and cheese  ½ cup stewed tomatoes  1 slice Oat Bread  ½ cup Canned Fruit | **24** **COLD:** 3oz Tuna Salad  ½ cup Three Bean Salad  ½ cup Garden Salad w/tomato  2 slices Wheat Bread  1pc Menu Magic Dressing  ½ cup Fruit Whip  **No Margarine** | **25 Birthday**  3oz Pulled Pork  2oz BBQ sauce  ½ cup Sweet Potatoes  ½ cup Sauteed Garlic Kale  1pc Burger Bun  1pc Birthday Cake  **No Margarine** | **26** 1pc Bateman meatloaf  (1.5oz beef & 1.5oz turkey)  2 oz Gravy  ½ cup Mashed Potatoes  ½ cup Peas  1pc Vienna Bread  1pc Fresh Fruit |
| **29** 3 oz Sliced Turkey  2 oz gravy  ½ cup Mashed potato  ½ cup Carrots  1 pc LS Wheat Bread  ½ cup applesauce  1pc Cranberry Sauce (congregate) | **30** 1pc Cheese Omelet  1pc Roasted Potatoes  ½ cup Ratatouille  1pc Fruit Loaf  ½ cup Yogurt  1pc Juice (no milk) | **31** Hot dog (LS Beef/pork)  ½ cup baked beans  ½ cup cinnamon apples  ½ cup Coleslaw  1pc Hot dog roll  1pc Mustard  1pc Relish  **No Margarine** | **1 COLD:** 2 oz Roast Beef  1 slice Provolone Cheese  1pc Potato Chips  ½ cup Garden Salad  2 slices MG Bread  1 pkt Mustard  1pc Menu Magic Dressing  1pc Fresh Fruit (orange)  **No Margarine** | **2** Two Compartment  3oz Grilled Chicken  2oz Piccata sauce  ½ cup WW spaghetti  ½ cup Broccoli  1pc WW Dinner Roll  1pc Cookie |

\*https://littlesunnykitchen.com/marry-me-chicken/#wprm-recipe-container-23226