

BROCHURE



HAMILTON-WENHAM RECREATION DEPARTMENT MISSION STATEMENT

The Hamilton-Wenham Recreation Department provides a wide variety of programs designed to improve the quality of life for residents by meeting physical and recreational needs. We promote life long lessons through play, education and community wide events.

Hamilton-Wenham Recreation Department 16 Union St. Hamilton, MA 01982 978-468-2178 www.hwrecreation.com

Office Business Hours:

Monday	8:00am - 4:30pm
Tuesday	8:00am - 6:30pm
Wednesday	8:00am - 4:30pm
Thursday	8:00am - 4:30pm
Friday	8:00am - 12:30pm

Joint Recreation Committee Members

Tom Holland Wenham
Len Dolan Wenham
Dan Curran Wenham
Steve Ozahowski, Chair Hamilton
Brad Tilley Hamilton
Reggie Maidment Hamilton

The Joint Recreation Board is made up of six members, three residents of Hamilton and three residents of Wenham. The Board meets once a month to discuss various recreation issues.

RECREATION DEPARTMENT STAFF

Director

Sean Timmons stimmons@hamiltonma.gov

Recreation Assistant

Danielle Kiely dkiely@hamiltonma.gov





COURSE CANCELLATION

Classes that do not attain the minimum enrollment will be cancelled 48 hours prior to the scheduled start date. If cancelled you will receive a full refund. We reserve the right to reschedule or change classes. You will be called if your class is cancelled, otherwise, plan on attending.

COURSE CONFIRMATION

We DO NOT provide confirmations for program registrations. You will be called if a class is filled and you will be placed on the waiting list. Otherwise, plan on attending.

MAKE UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather or instructor absence. We are not responsible for making up classes that are missed due to the participants inability to attend.

INCLEMENT WEATHER

All classes will run unless you are otherwise notified. In the event that we need to cancel programming/event an email and a text alert will be sent to class participants. It will also be posted on our website at www.hwrecreation.com.

FILLED CLASSES

You are urged to register as soon as possible. Classes are filled on a first come first served basis. We do not "hold" spots. If your class is filled, you will be placed on a waiting list.

PARTICIPANT PHOTOGRAPH POLICY

Periodically, the Recreation Department photographs/videotapes program participants for promotional use. Unless the participant/guardian informs us of their desire not to be photographed, the Recreation Department will use photographs/videotapes for their promotional purposes.



REFUND POLICY

- 1. Full refund for a cancelled class
- 2. You will receive a full refund if you cancel more than 5 business days before the start of the program.
- 3. You will receive a refund minus a \$10 administrative fee if you cancel less than 5 business days before the start of a program.
- 4. All refunds will be issued in the form of a check.

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WWW.HWRECREATION.COM

Please visit our website to browse activities, register for classes and view any new announcements

HOW TO REGISTER

Step 1: Visit www.hwrecreation.com and create a user name and password

Step 2: Search and select activities and add them to your on-line cart

Step 3: Pay on-line with credit card* or print and mail form to the Rec. Dept. *PLEASE NOTE WE ONLY ACCEPT CREDIT CARDS OR CHECKS. NO CASH.

*All Refunds will be issued in the form of a check.

If you do not wish to register on-line, we have two other options for registration

Walk-In:

Recreation Center

16 Union St., Hamilton MA

Hours on page 2

Mail to:

HW Recreation Department 16 Union Street Hamilton, MA 01982

REGISTER EARLY!!

Registration for MOST programs will close 1 week prior to the first class.

Please register early to ensure your spot!

TEXT ALERTS!!

If you wish to receive text alerts regarding activities please opt in your account for mobile alerts.





SOCCER SHOTS: THE CHILDREN'S SOCCER EXPERIENCE



Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, curriculum and communication. Each Soccer Shots session incorporates individual skill development, creative and imaginative play, fun activities and exercises, coordination, balance and agility development and character formation through our character building words of the week. Our goal is to make Soccer Shots the best part of a child's week.

8 Week Session or 6 Week Session

Ages:	Dates:	Time:	Location:	Fee:
2-MINI	Session 1: Sundays, September 15th - November 3rd	9:00am - 9:30am	Fairhaven Field	\$156
3- CLASSIC	Session 1: Sundays, September 15th - November 3rd	9:35am - 10:15am	Fairhaven Field	\$156
4-5- PREMIER	Session 1: Sundays, September 15th - November 3rd	10:20am - 11:00am	Fairhaven Field	\$156
2-MINI	Session 2: Saturdays, November 9th - December 21st* *No Class 11/30	9:00am - 9:30am	Recreation Center	\$118
3-CLASSIC	Session 2: Saturdays, November 9th - December 21st* *No Class 11/30	9:35am - 10:15am	Recreation Center	\$118
4-5- PREMIER	Session 2: Saturdays, November 9th - December 21st* *No Class 11/30	10:20am - 11:00am	Recreation Center	\$118

MINI TENNIS



Our Mini Tennis programs for ages 3 - 5 is conducted on a smaller court, using a red, low compression ball, which is slower and lower bouncing than a traditional Tennis ball. This adaptation allows players to develop their game in a safe and successful way, whilst ensuring fun for all! This program will teach the basic shot mechanics along with developing children's coordination and fundamentals of movement. All lessons are conducted using a variety of high energy, fast paced, fun games, designed to capture the attention of children this age ensuring maximum fun for your budding Tennis champ!

6 Weeks

Instructor: Maria Schena

Ages	s:	Dates:	Time:	Location:	Fee:
4-6		Mondays, September 9th - October 21st* *No class 10/14	4:15pm - 5:00pm	Patton Park Tennis Courts	\$130

STEVE NUGENT'S KARATE INSTITUTE: LITTLE DRAGONS KARATE

This program provides introductory karate skills, teaches proper stances, breathing, stretching, self-discipline, coordination and practical self defense. All uniforms and belts are included.

Ages:	Dates:	Time:	Location:	Fee:
3-5	Thursdays, September 12th - December 5th* *No class 11/28	4:30pm - 5:00pm	Recreation Center	\$216

SUPER SOCCER STARS

At Super Soccer Stars it is our goal to teach soccer skills in a fun, non competitive, educational environment. Our philosophy is to use soccer to nurture and develop self confidence and to develop teamwork in every class. Our specially designed curriculum uses positive reinforcement and a low child to coach ratio to ensure that each child improves at his or her own rate while having endless fun! No Equipment required. Many of the older children will wear cleats.



7 Week Sessions

Ages:	Dates:	Time:	Location:	Fee:
2-3	Fridays, September 13th - October 25th	3:00pm - 3:40pm	Patton Homestead	\$168
3-4	Fridays, September 13th - October 25th	3:45pm - 4:30pm	Patton Homestead	\$168
4-5	Fridays, September 13th - October 25th	4:35pm - 5:25pm	Patton Homestead	\$168

KNUCKLEBONES: MICRO BASKETBALL



This clinic focuses on the basic fundamentals beginning with dribbling, shooting, passing and catching as well as defense. Using age appropriate equipment, this class enables your child to learn at their own pace while having a blast! Each class will be structured with stretching, learning a skill, rule of the day, skill game and finally a fun filled game for all to enjoy. Sneakers are required.

6 Weeks

Ages: De	Dates:	Time:	Location:	Fee:
	Sundays, October 27th - December 8th* No Class 11/26	10:45am - 11:35am	Recreation Center	\$136

KNUCKLEBONES: LIL' NINJAS

Does your child love to run, jump, climb and tumble? Then this "play" on American Ninja Warrior is the perfect class. Each week your child will participate in stretching, elements, obstacles and games to help gross motor skills, fitness and fun. From swinging on a high bar to balance beams, climbing structures and tumbling on mats to leaping into a ball pit - your child is sure to have a blast!

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
2-4	Fridays, September 13th - October 18th	3:00pm - 3:50pm	Recreation Center	\$136



KNUCKLEBONES: MICRO SPORT

Knucklebones' Multi Sport is the perfect blend of fundamentals and fun, focusing on traditional sports including Soccer, Basketball, and Tball, along with not so traditional sports like Wheels, Lil' Ninjas and Gymnastics. Each class is supported by an array of our unique outside the box equipment; from RhinoSkin balls to climbing structures, balance beams to mini basketball hoops, our age appropriate equipment is sure to help enhance your child's passion for play while learning new skills.

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
2-4	Sundays September 15th - October 20th	10:45am - 11:35am	Recreation Center	\$136

IMAGINATION STATION

OUR PRESCHOOL PLAY GROUP IS BACK!

Enjoy a playgroup that gives children an opportunity to run around the gym, participate in a simple craft, enjoy puzzles, use legos, read books, play dress up and just plain ol' have fun! Imagination Station is a time for both parents and children to socialize and engage in some playtime. Non-residents are welcome. Come on down and check it out!

Ages:		Dates:	Time:	Location:	Fee:
Infant- w/ adu	•	Mondays, September 9th - November 4th* Fridays, September 13th -December 20th*	9:30am - 11:00am	Recreation Center	5 Punch Card: \$20 10 Punch Card: \$40
		*No program 10/14, 11/11, 11/29			·

INCLYOUSION SPORTS

Join us for a fun 8-week sports program for children of all abilities to learn the fundamentals of Soccer and Baseball! Classes are non-competitive and are perfect for beginners or for children who are looking for small class sizes taught by well-trained coaches. Inclyousion Sports provides all equipment and children only need to bring water and wear comfortable clothes and shoes. This program is designed for children with and without disabilities to learn and play together. Skill building is focused on running, throwing, catching, hitting, kicking, and dribbling, and is modified to each child's experience level.

Inclyousion Sports provides inclusive sports enrichment programs to children, using innovative behavioral methods to teach sports, fitness, and social skills. Programs are designed by physical education, behavioral, and inclusion experts to introduce all children to a variety of sports through a series of lessons focused on skill building. Inclyousion Sports is on a mission to make high quality sports enrichment programs accessible to all

Ages:	Dates:	Time:	Location:	Fee:
2-4	Saturdays, September 7th - November 2nd*	9:00am - 9:50am	Patton Homestead	\$220
	*No class 10/12			

GARDEN FAIRIES CLUB

Come and play with the flower fairies in the Garden of the Patton Homestead! Children can enjoy a story, go on a fairy hunt, build a fairy house and participate in a fairy theme craft. Influenced by seasonality, there are different fairies to learn about as the seasons change -come meet them all!

Ago	es:	Dates:	Time:	Location:	Fee:
3-5		Tuesdays, September 10th - October 14th	9:30am - 10:30am	Patton Homestead	\$115

PRESCHOOL ARTS & CRAFTS CLUB



Come by the Patton Homestead for a morning of arts and crafts for kids. Some projects will include pumpkin painting, nature collages, dream catchers and much more!

Ages:	Dates:	Time:	Location:	Fee:
3-5	Thursdays, September 12th - October 17th	9:30am - 10:30am	Patton Homestead	\$115



KNUCKLEBONES: NINJA WARRIOR

Knucklebones Ninja is a blend of strength, skill, flexibility, fitness and fun. Throughout class participants will engage in various games, drills, elements and obstacle courses. From scaling up cargo nets on a truss to walking across balance beams, climbing over the A-frame to hanging on monkey bars, this class allows participants to have fun while progressing through the basics of ninja warrior elements.

Ages:	Dates:	Time:	Location:	Fee:
5-8	Fridays, September 13th - October 18th	4:00pm - 5:00pm	Recreation Center	\$136

CAPE ANN SKATING CLUB: ICE SKATING LESSONS

Lessons for boys and girls and adults of all ages and levels. Beginners starting at age 3 will learn to fall down and get up, march, glide, stop, backwards and turn. Advanced skaters will learn one foot glides, crossovers and advanced back skating. Toys and games will make learning to skate fun for the little ones. Helmets are required. Any type of helmet is fine. No skate rentals are available. Please bring you own skates. Hockey or Figure skates acceptable. Some crates are used but not encouraged. Children will learn to skate on their own!

Ages:	Dates:	Time:	Location:	Fee:
3+	Wednesdays, October 16th - December 18th	1:10pm - 2:00pm	Pingree School Ice Rink	\$260

ON SITE ARCHERY: ARCHERY

During this program participants will learn to shoot a bow and arrow in this Olympic archery development program. Classes are taught by a certified archery instructor. All equipment is provided. Students will progress at their own pace.

Ages:	Dates:	Time:	Location:	Fee:
9+	TBA	TBA	Patton Homestead	\$

IRON RAIL GYMNASTICS

Children receive gymnastics instruction on all Olympic events and trampoline. Classes emphasize the learning of basic skills, developing strength and flexibility and self-confidence. This program is designed for students who wish to participate in the sport of gymnastics on a recreational level. Children are placed into groups according to age, ability and friendship with other class mates. The emphasis is placed on fun and learning the basic skills in gymnastics

8 Weeks

Ages:	Dates:	Time:	Location:	Fee:
6-10	Wednesdays, September 25th - November 13th	1:30pm - 2:20pm	Iron Rail Gymnastics	\$211

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978-468-2178

WEDNESDAY HALF DAY PROGRAM



Welcome to the 2024 Wednesday Half Day

Due to limited space on the busses we have the registration maximums set lower than the program maximum. We ask that you register for the waitlist if you do not get in at registration time. We will go in manually and add kids to the program until we reach our maximum based on who has transportation and who does not.





SPORTSZONE 101: WEDNESDAY HALF DAY TOURNAMENT OF CHAMPIONS

In this action packed program, children will participate in a variety of games, such as street hockey, soccer, football, dodgeball, basketball, wiffleball, and many others! In addition to learning the fundamentals of these sports, we will have exciting discussions about current events in sports, learn the importance of maintaining a healthy active lifestyle, and reinforce in-class learning using sports cards and prizes. *5 Year Olds Must be in Kindergarten to participate*

Ages:	Dates:	Time:	Location:	Fee:
5-11	Session 1: Wednesdays, September 4th -September 25th	1:00pm - 3:00pm	Recreation Center	\$115
5-11	Session 2: Wednesdays, October 2nd - October 23rd	1:00pm - 3:00pm	Recreation Center	\$115
5-11	Session 3: Wednesdays, October 30th - November 20th	1:00pm - 3:00pm	Recreation Center	\$115
5-11	Session 4: Wednesdays, November 27th - December 18th	1:00pm - 3:00pm	Recreation Center	\$115

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SPORTS ZONE 101: NERF WARS

Kids will enjoy our man-made, blow-up bunker obstacle course structures which help to protect and hide behind in your games to make the setting epic!! All Nerf Equipment and obstacles are sanitized before and after use. We will also be adding in some new bunkers and Nerf guns for this exciting new feature to our program!



Ages:	Dates:	Time:	Location:	Fee:
5-11	Wednesdays, September 4th - September 25th	3:15pm - 4:15pm	Recreation Center	\$100

SPORTS ZONE 101: POKEMAN BATTLE CLUB

Gather up your Poke balls, muster your courage, and prepare your mind for the ultimate test of your Pokémon trainer abilities. Throughout this class, you will go head-to-head with other Pokémon trainers to determine who will become the Gym Master and take home the Grand Prize of 10 Pokémon booster packs. We will cover some basic Pokémon Trading Card Game strategy, but this class is intended for participants who have a basic knowledge of Pokémon the Trading Card Game. Trainers do not need to bring their own battle decks, but it is suggested

4 Weeks

Ages:	Dates:	Time:	Location:	Fee:
5-11	Wednesdays, October 2nd - October 23rd	3:15pm - 4:15pm	Recreation Center	\$100

SPORTS ZONE 101: DODGEBALL

This program will introduce children to the nearly endless different styles of dodgeball. We will be teaching Dr. Dodgeball, Prize Ball, Elimination, Army, Ring of Fire, and many more... Each week will be a new adventure of team, individual, or tournament dodgeball. Sports cards will also be given out at the end of each program, with the opportunity to earn special prizes for play and behavior. Time to find the next Ultimate Dodgeball Player!

4 Weeks

Ages:	Dates:	Time:	Location:	Fee:
5-11	Wednesdays, October 30th - November 20th	3:15pm - 4:15pm	Recreation Center	\$100

SPORTS ZONE 101:A CUT AGAINST THE CARDS

We know our students love to trade the sports cards we give them at the end of our programs. They have their favorite players, favorite teams, and some even try to complete full rosters by trading with their friends! This class will give them the ability to learn the value of their cards, determine which trades would make the most sense for them, and negotiate terms for each trade. The kids will also learn about different stars of each sport, important events, great moments, and even discuss some low points in sports history, like steroids and pine tar in baseball. At the end of each class, students will receive a pack of cards from the sport we highlighted that week. Time will be spent learning, discussing, and trading every week.

4 Weeks

Ages:	Dates:	Time:	Location:	Fee:
5-11	Wednesdays, November 27th - December 18th	3:15pm - 4:15pm	Recreation Center	\$100

www.hwrecreation.com

978-468-2178

STEVE NUGENT'S KARATE INSTITUTE: KARATE

This program provides introductory karate skills, teaches proper stances, breathing, stretching, self-discipline, coordination and practical self defense. All uniforms and belts are included.

Ages:	:	Dates:	Time:	Location:	Fee:
6-14		Thursdays, September 12th - December 5th* *No class 11/28	5:00pm - 5:45pm	Recreation Center	\$216

YOUTH RUNNING CLUB



Want to learn to run, improve your running, or just stay active this fall? Would you like to train for a fall race? Join us for a FUN running program that will focus on proper warm-up, running technique, cool down, and stretches. We will utilize many games and age appropriate running activities to make you an all-around better athlete. Bring a water bottle and appropriate sneakers for running. The Youth Running Program is for boys and girls. T-Shirt included. Parent volunteers are needed to make running club successful! Please use the volunteer registration if you can help!

Running Club is Resident Only Due to High Demand for the activity

6 Weeks

Grades:	Dates:	Time:	Location:	Fee:
K-2 Eagles	Wednesdays, October 2nd - November 6th	3:15pm - 4:15pm	Pingree Park	\$20
3-5 Falcons	Wednesdays, October 2nd - November 6th	3:15pm - 4:15pm	Pingree Park	\$20

YOUTH TENNIS LESSONS



This program will teach the basic shot mechanics along with an introduction to match play and the rules of Tennis! All lessons are conducted using a variety of high energy games and drills, designed to improve the game of your future Tennis star!

Instructor: Maria Schena

Ages:	Dates:	Time:	Location:	Fee:
6-9	Mondays, September 9th - October 21st* *No class 10/14	5:00pm - 6:00pm	Patton Park Tennis Courts	\$130
10-15	Wednesdays, September 11th - October 16th	5:00pm - 6:00pm	Patton Park Tennis Courts	\$130

WENHAM COUNTRY CLUB: GOLF LESSONS

These lessons will introduce beginning or novice golfers to the fundamentals of the golf swing, including balance, tempo, and timing. All aspects of the game will be covered, such as, driving, iron play, chipping, and putting. Participants need to bring their own clubs.

5 Weeks



Ages:	Dates:	Time:	Location:	Fee:
5-8	Mondays September 16th - October 14th	3:30pm - 4:30pm	Wenham Country Club	\$110
9-12	Mondays September 16th - October 14th	4:40pm - 5:40pm	Wenham Country Club	\$110

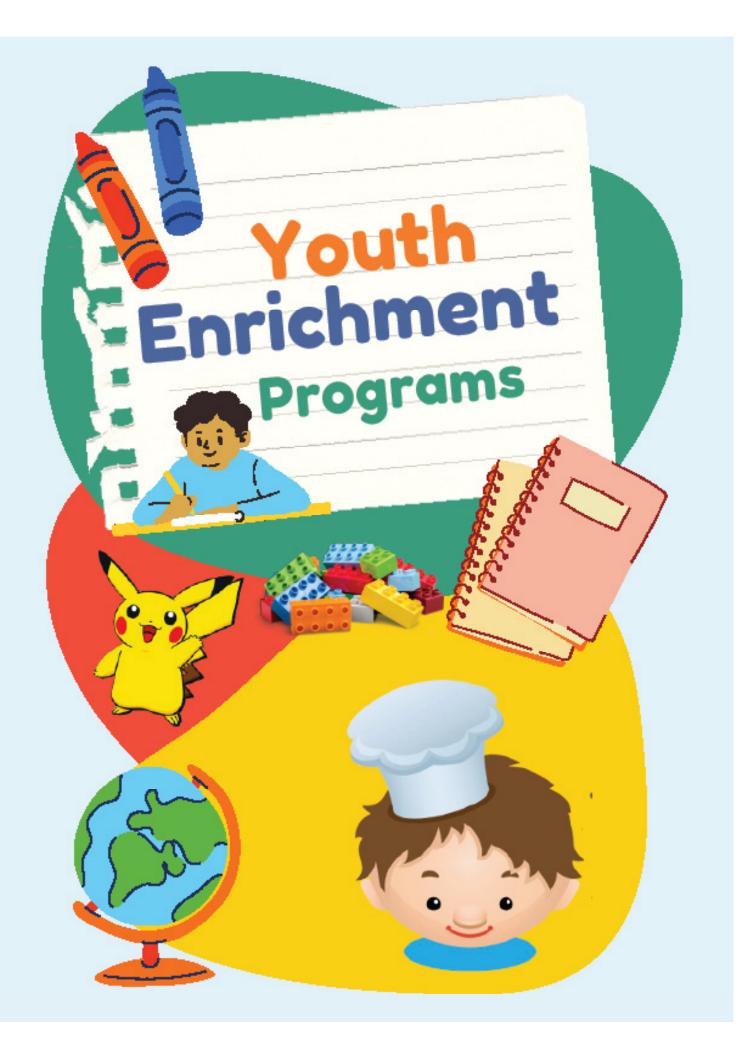
INCLYOUSION SPORTS

Join us for a fun 8-week sports program for children of all abilities to learn the fundamentals of Soccer and Baseball! Classes are non-competitive and are perfect for beginners or for children who are looking for small class sizes taught by well-trained coaches. Inclyousion Sports provides all equipment and children only need to bring water and wear comfortable clothes and shoes. This program is designed for children with and without disabilities to learn and play together. Skill building is focused on running, throwing, catching, hitting, kicking, and dribbling, and is modified to each child's experience level.

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Ages:	Dates:	Time:	Location:	Fee:
5-7	Saturdays, September 7th - November 2nd* *No Class 10/12	10:00am - 10:50am	Patton Homestead	\$220
8-10	Saturdays, September 7th - November 2nd* *No Class 10/12	11:00am - 11:50am	Patton Homestead	\$220



CHESS WIZARDS: CHESS CLUB

Say yes to chess! Join Chess Wizards for an interactive, scholastic program where kids will collaborate, gain confidence, improve chess skills, meet new friends, and work out their most powerful muscle – their brains! Appropriate for beginner to intermediate chess players, our program includes instruction in tactics and strategy, as well as individual game play. All students will receive a trophy, puzzle folder and wizards t-shirt. Come join the fun!!!

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
6-12	Session 1: Thursdays, September 12th - October 17th	3:30pm - 4:30pm	Recreation Center	\$144
	Session 2: Thursdays, October 24th - December 5th*			
	*No class 11/28			



KIDS TEST KITCHEN

We are redefining kid food! Each class presents students with opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, they'll slice, dice, peel, measure, and cook until they've prepared the finished dish. Class closes with opportunity to taste the result of their hard work. Students receive a printed recipe card and the focal ingredient - or a sample of the finished dish - so they can show off what they learned! Fall Menu: Gazpacho, Pirate Pasta with Arrugula, Snap-pea side stunner, Summer Skillet Enchilada, Blueberry Brie Obsession, and more.

Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe

Ages:	Dates:	Time:	Location:	Fee:
5-11	Session 1: Tuesdays, September 10th - October 15th	3:30pm - 4:30pm	Recreation Center	\$198
	Session 2: Tuesdays, October 29th - December 3rd			

HEALTH & SAFETY INSTITUTE: BABYSITTING CERTIFICATION

The new Child and Babysitting Safety (CABS) program from ASHI gives teenagers and young adults everything they need to know for safe and successful babysitting. From getting started with their business, to dealing with parents and children, to key safety, caregiving, and first aid tips, the magazine-format CABS guide and vlogger-style video make learning fun. PLEASE NOTE THE PROGRAM MAY END EARLIER THAN SCHEDULED TIME DEPENDING ON NUMBER OF PARTICIPANTS ETC.

Participants must pass an open book test at the conclusion of the class to earn their certificates. Please inform the recreation department of any learning needs your child may have so we can plan accordingly.

Ages:	Dates:	Time:	Location:	Fee:
10-16	Wednesday, September 25th	2:00pm - 5:00pm	Recreation Center	\$50

THE GLOBAL CHILD: ELEMENTARY SPANISH CLASSES

Embark on a linguistic adventure like no other with Global Child's World language program. Welcome to a world of imagination and language with Global Child's Spanish learning program. At Global Child we believe that language learning should be a fun and transformative journey for young minds. Our program is designed to stir your child's curiosity and open the door to a world of opportunities. With our engaging and interactive approach, kids will embark on a playful adventure, exploring the beauty and diversity of the Spanish language. Our experienced educators create a nurturing and exciting environment where you child will thrive through music, games, role-play, art projects and holiday and cultural activities. Practice with student portfolio, embracing the richness of Spanish culture and much more!

Grades:	Dates:	Time:	Location:	Fee:
K-2	Mondays, September 16th - November 25th* *No Class 10/14	3:30pm - 4:20pm	Recreation Center	\$198
3-5	Mondays, September 16th - November 25th* *No Class 10/14	4:25pm - 5:15pm	Recreation Center	\$198

WICKED COOL FOR KIDS: SWIFTY SCIENCE



Attention Swifties! Turn some of your favorite Swifty songs into a science expedition! We'll Shake it Off to study earthquakes, and make Sparks Fly while lighting up circuits. Steer clear of Bad Blood with a model of the human heart and circulatory system. Experiment with the power of the sun with Daylight, and keep your Eyes Open to examine predators and prey.

Ages:	Dates:	Time:	Location:	Fee:
5-11	Wednesdays, October 23rd - November 20th	3:15pm - 4:15pm	Recreation Center	\$150

SPORTSZONE 101: LEGO MASTER BUILDERS

It takes years of practice, determination, patience, and dedication to become a Lego Master Builder. Your child is in luck though because we have worked tirelessly to perfect our Lego teaching technique – so much so that within six short weeks, your child will receive a certificate proving that they have completed their Master Builder Jr. training! Come join us as we explore and create our wildest imaginations. We will also re-create some real-world buildings, landscapes, feats of engineering, and Wonders of the World!

We supply all Lego blocks and building guides for classes, but there will also be some time for free building

Ages:	Dates:	Time:	Location:	Fee:
5-11	Fridays, October 25th - December 6th* *No class 11/29	3:30pm - 4:30pm	Recreation Center	\$144



ADULT PROGRAMS



WOMEN'S PICK-UP BASKETBALL

Women's Pick up style basketball. No referee, this is for fun and exercise!!

Registration is required. No drop-ins

Ages:	Dates:	Time:	Location:	Fee:
18+	Saturdays, September 14th - November 2nd	8:00am - 10:00am	Recreation Center	\$50

ADULT BEGINNER TENNIS



Our adult tennis program is designed for those who want to learn the fundamentals of tennis and for players looking to improve their game! Each night, players work on their tennis skills, hand-eye skills, basic tennis strokes, technique, ball & racket control, and have lots of fun! All abilities are welcome!

Ages:	Dates:	Time:	Location:	Fee:
18+	Mondays, September 9th - October 21st* *No Class 10/14	6:00pm - 7:00pm	Patton Park Tennis Courts	\$130

ADULT INTERMEDIATE TENNIS



Our adult tennis program is designed for those who want to learn the fundamentals of tennis and for players looking to improve their game! Each night, players work on their tennis skills, hand-eye skills, basic tennis strokes, technique, ball & racket control, and have lots of fun! All abilities are welcome!

Ages:	Dates:	Time:	Location:	Fee:
18+	Wednesdays, September 11th - October 16th	6:00pm - 7:15pm	Patton Park Tennis Courts	\$144

COLLEGE FUNDING SEMINAR

You PLAN in advance; you UNDERSTAND the financial aid process; you ACT early enough to be successful. Financial Aid goes to the families who plan in advance - ideally before December 31st of the child's sophomore year of high school. This course will teach you the concepts and strategies that will help you maximize your financial aid by understanding the process, and how implementing strategies may increase a family's eligibility even if you have a "high income" or own a business. The greatest amount of financial aid goes to the families who act in the years before college. REMEMBER: Procrastination equals less financial aid. All schools are not alike, so it is important to know your options and opportunities.

Ages:	Dates:	Time:	Location:	Fee:
18+	Wednesday, October 23rd	6:30pm - 8:30pm	Recreation Center	Free

GORDON COLLEGE: WATER EXERCISE

Feeling sore when you wake up in the morning? Need a low impact way to work out? Join our water exercise class at Gordon College. This class is a great way to relieve stress and work out without causing undue pain to your body. Enjoy a morning in the pool getting back into shape!

Ages:	Dates:	Time:	Location:	Fee:
18+	Tuesdays & Thursdays TBA	10:00am - 11:00am	Bennett Center Pool	\$45

GORDON COLLEGE: LAP SWIM

Join us at Gordon College Bennett Center for open lap swimming. You must register with the Recreation Department to get your swimming pass. This pass allows you to lap swim during the days and times shown below. However, times may change due to the college's activity schedule. Please check with the Bennett Center for exact days and times. (Bennett Center 978-867-3737)

20 VISIT PUNCH CARD WITH NO EXPIRATION DATE!

Ages:	Dates:	Time:	Location:	Fee:
18+	Pool Schedule available online	See Website	Bennet Center Pool Gordon College	Resident: \$65 Non- Resident: \$80

GORDON COLLEGE BENNETT CENTER: WALKING PASS

Enjoy the Bennett Center walking track for free. Come take advantage of this great opportunity for indoor walking space. Please register at the Recreation Department to receive your FREE pass.

Ages:	Dates:	Time:	Location:	Fee:
18+	Monday, Wednesday, & Friday	9:30am - 11:30am	Bennett Center Gordon College	Free

ADULT CO-ED RECREATIONAL VOLLEYBALL

Join us for some adult pick up volleyball. You must register for the entire season. This is a great way to exercise and have fun!

Ages:	Dates:	Time:	Location:	Fee:
18+	Thursdays, October 10th - April 24th*	7:30pm - 9:00pm	Pingree School Gym	\$100

^{*}Blackout Dates: 11/28, 12/26, 1/2, 1/30, 3/13

BLOCKPRINTING



Each class will explore positive and negative space, learn transfer methods, and build upon basic printing techniques as well as integrate freeform painting and drawing opportunities. Students with an understanding of basic printing methods are encouraged to join.

Ages:	Dates:	Time:	Location:	Fee:
18+	Thursdays, September 12th - October 17th	6:00pm - 7:30pm	Patton Homestead	\$200

WREATH MAKING WORKSHOPS

Wreath building workshop using seasonal greens with light refreshments at the Hamilton COA.



Ages:	Dates:	Time:	Location:	Fee:
18+	Tuesday, November 19th	6:00pm - 7:30pm	ТВА	\$45
18+	Thursday, November 21st	6:00pm - 7:30pm	ТВА	\$45
18+	Tuesday, December 3rd	6:00pm - 7:30pm	ТВА	\$45
18+	Thursday, December 5th	6:00pm - 7:30pm	ТВА	\$45



PICKLEBALL PROGRAMS

INDOOR PICKLEBALL

Similar to ping pong, badminton and tennis, it's a fun, active game that can be mastered by anyone from youth to senior citizens. Pickleball was created during the summer of 1965 and is currently the fastest growing sport in the United States. It is played on a badminton court with the net lowered to 34 inches, and uses a perforated plastic ball (similar to a whiffle ball) and wood or composite paddles.

PUNCH CARDS ARE REQUIRED TO PLAY INDOORS. AVAILABLE IN 10 OR 20 PUNCH CARDS.

Skill Level	Dates:	Time:	Location:	Fee:
Intermediate/Advanced	Mondays, November 18th - December 16th	9:00am - 11:00am	Recreation Center	20 Punch Card: \$50 10 Punch Card: \$30
Beginner/Intermediate	Tuesdays, November 12th - December 17th	9:00am - 11:00am	Recreation Center	20 Punch Card: \$50 10 Punch Card: \$30
Beginner/Intermediate	Thursdays, November 14th - December 19th	9:00am - 11:00am	Recreation Center	20 Punch Card: \$50 10 Punch Card: \$30
Intermediate/Advanced	Wednesdays, November 13th - December 18th	9:00am - 11:00am	Recreation Center	20 Punch Card: \$50 10 Punch Card: \$30

***Blackout Dates: 11/28,11/29, 12/23-12/31

ADULT PICKLEBALL LESSONS w/ SUE

Beginner/Advanced Beginner Clinic (2.0 to 2.5 Levels): Class for Players new to the Game or only playing a short time who would like to learn to achieve better fundamental techniques in their game. strokes & shots that will be taught are: volley, dink shots, serve & return, & forehand/backhand drive shots. Students will also learn the rules of match play & how to score while learning the basics in a fun-filled manner!

Instructor: Sue Carnevale

	Dates:	Time:	Location:	Fee:
18+	Beginners Session 1: Fridays, September 20th - October 18th Beginners Session 2: Fridays, October 25th - November 22nd	12:00pm - 1:00pm	Patton Park Tennis Courts	\$86
18+	Adv. Beginners Session 1: Fridays, September 20th - October 18th Adv. Beginners Session 2: Fridays, October 25th - November 22nd	1:15pm - 2:15pm	Patton Park Tennis Courts	\$86
18+	Low Intermediate Session 1: Sundays, September 15th - October 13th Low Intermediate Session 2: Sundays October 20th - November 17th	6:00pm -7:00pm	Patton Park Tennis Courts	\$86

MORNING INDOOR PICKLEBALL

Noncompetitive fun indoor play. Register with some friends to join in on all the fun. Basic understanding of play is required, there is no instruction/instructor. This is a "pick-up" style program. Spaces are limited to ensure maximum playing time.

Ages:	Dates:	Time:	Location:	Fee:
18+	Session 1: Fridays, September 13th - October 18th Session 2: Fridays, October 25th - December 6th*	7:00am - 8:30am	Recreation Center	\$50
	*No play on 11/29			

HW REC X MINT PICKLEBALL FALL 1

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9/9 - 10/4

MONDAY

9-10 AM Instructional Match Play All Level

10-11 AM Learn to Play

10-11AM Instructional Match Play Intermediate / Advanced

330-430 PM Kids Grade 2-4

430-530 PM Kids Grade 5-8

7-8 PM Adult Instructional Match Play All Level

WEDNESDAY

9-10 AM Learn to Play

9-10 AM Instructional Match Play Intermediate / Advanced

10-11AM Instructional Match Play All Level

THURSDAY

9-10 AM Singles

10-11 AM Skills and Drills All Level

11-12 PM Instructional Match Play All Level

6-7 PM High School Skills and Drills grade 9-12

6-7 PM High School Learn to Play

7-8 PM Adult Instructional Match Play All Level

7-8 PM Adult Learn to Play



MORNING CLASSES HELD AT
PINGREE PARK COURTS WENHAM
NIGHT CLASSES HELD AT
PATTON PARK COURTS HAMILTON
\$90 RESIDENT \$100 NON RESIDENT
4 WEEK LONG SESSIONS

SIGN UP HWRECREATION.COM





SESSION DESCRIPTIONS



Introduction Learn to Play

Perfect for someone who has never tried pickleball before and is unfamiliar with pickleball scoring. This is great for those starting out, regardless of prior racquet sports knowledge. Covers all the basics, scoring, strokes, serving etc

Singles

All level indicates player has at least completed our intro class.

Intense cardio workout. Develop knowledge and strategy for singles
game. Includes more intense dynamic warmup.

Kids by Grade Level

Fun games and a good work out. Will teach basic pickleball rules including scoring, plus serving, basic stroke fundamentals, and developing eye hand coordination and balance.. We may mix in skills from multiple sport such as basketball, bowling, and floor hockey.

Instructional Match Play

All level indicates player has at least completed our intro class.

Coach led dynamic warm up followed by organized level-based round robin play. Coaches provide technical and strategic instruction during play and may play in as space allows.

Shot of the Day / Skills & Drills

All level indicates player has at least completed our intro class.

Improve your game by focusing on shot per class. Drill oriented format for advanced beginner and intermediate level players. Will focus on repetition of shots to gain and retain crucial muscle memory.

Mint Intermediate

must have Mint coach approval before signing up

For those who have been playing pickleball regularly with us for a period of time, and would like to improve consistency on all strokes. Begins with a more intense dynamic warmup. Player shall be already competent in scoring, serves and returns. Will work on developing strategy including third shot options (drops, drives, and lobs) and focus on improving on other skills

PROPER COURT SNEAKERS DESIGNED FOR PICKLEBALL OR TENNIS AND PROPER EYE SAFETY GOGGLES ARE STRONGLY SUGGESTED. PADDLES AVAILABLE FOR DEMO OR PURCHASE.

PLEASE BRING WATER.



HAMILTON-WENHAM RESIDENTS ONLY

\$65 PER PERSON

Each player needs to register as an individual (no team registration)

Games will be Tuesday & Thursday evenings at Patton Park 7:15pm & 8:30pm September 10th-October 24th

Playoffs 10/29, 11/5 & 11/7





FLASHLIGHT CANDY CANE HUNT





BRING THE KIDS AND THEIR FLASHLIGHTS AND SEARCH OUR FIELD FOR CANDY CANES! THE BEST 15 MINUTES OF FUN YOUR KIDS WILL HAVE THIS HOLIDAY SEASON!

TUESDAY DECEMBER 10TH
6:00PM
FAIRHAVEN FIELD
EVENT IS FREE BUT PLEASE PRE-REGISTER ONLINE









GINGERBREAD HOUSE WORKSHOP

Bring the family and create your dream gingerbread house! One kit provided per family, extra frosting and candy will also be provided! Cost includes 1 kit per family plus extra frosting and candy.





(978) 468-2178

OFFICE HOURS

Monday	8:00 AM - 4:30 PM
Tuesday	8:00 AM - 6:30 PM
Wednesday	8:00 AM - 4:30 PM
Thursday	8:00 AM - 4:30 PM
Friday	8:00 AM - 12:30 PM